

# HIGH TEA



Dating back over 3,000 years, Chinese tea culture flourished during the Tang dynasty when it was seen as a reflection of nobility, education and refinement.

Adjoined to Si Chuan Dou Hua Restaurant, Tian Fu Tea Room carries the distinction of being the first teahouse within a restaurant in Singapore.

Relish the invigorating aroma of premium brews of Tian Fu Tea Room, a fully dedicated tearoom serving premium Chinese tea and food items from the kitchens of Si Chuan Dou Hua Restaurant. You'll find a wide selection of over 30 varieties of fine tea - ranging from the familiar green and red tea to more exotic variations of yellow, white and flower tea.

In this menu, we have put together a selection of eight teas that are distinctively elegant and unique.



## 养生茶

### Beauty Tea

Crafted from a combination of Longan, Lily, chrysanthemum, wolfberries, red dates, Mai Dong and rock sugar, this tea is fragrant and sweet with a delicate taste.

Benefits: Replenishes blood, nourishes lungs, reduces inflammation and mucus.

## 西湖龙井

### West Lake Long Jing

One of the Ten Famous Teas of China, this tea is an unfermented green tea and originates from Xihu of the Hangzhou province. The tea leaves are tight and flat-shaped and light green in colour.

Benefits: Anti-radiation, anti-aging and whitening.

## 蒙顶黄芽

### Meng Ding Huang Ya

One of China's Famous Tea. This yellow tea originates from Ya'an of the Sichuan province.

Benefits: Prevents cancer, anti-radiation, anti-aging, whitening and improves skin complexion.

## 武夷大红袍

### Wuyi Da Hong Pao

One of the Ten Famous Teas of China, this tea is a semi-fermented green tea. The tea originates from Wuyi Mountain of the Fujian province and is also known as King of the Wuyi Rock Tea.

Benefits: Relieves nicotine cravings, aids in weight-loss efforts, prevents cancer, anti-aging.



陈年普洱

## Aged Pu'er

The Pu'er is a black tea that hails from Yunnan. In this menu, we have put together a selection of eight teas that are distinctively elegant and unique.

Benefits: Warms the stomach, aids in weight loss efforts, controls high cholesterol, high blood pressure and high blood sugar, prevents the hardening of arteries

云南滇红

## Yunnan Dian Hong

One of the Four Famous Teas of China, this tea is a fermented red tea and originates from Yun Nan.

Benefits: Acts as an energy boost, nourishes the stomach and protects the heart, strengthens the immune system.

铁观音

## Tie Guan Yin

One of the Ten Famous Teas of China, this tea is a semi-fermented green tea and originates from the Fujian province.

Benefits: Reduces inflammation, cuts through grease, improves digestion, invigorates vital qi (energy).

玫瑰乌龙

## Rose Oolong Tea

A fragrant tea made from a blend of Taiwan's High-mountain tea and rose buds.

Benefits: Improves skin complexion, anti-aging and anti-oxidisation.

\*All tea is brewed at \$12++



# IMPERIAL HIGH TEA

## 宫廷下午茶

1 - 31 October 2020

2.30pm - 6.00pm

**\$48++ PER PERSON**  
(Choice of one tea)

### ORGANIC JUICE

Organic Carrot Juice with Honey

#### 鲍鱼蒸烧卖

Steamed Siew Mai with  
Abalone

#### 酸辣有机韭菜水饺

Hot & Sour Boiled Minced Meat  
with Organic Chives Dumpling

#### 海鲜有机苋菜饺

Steamed Seafood with  
Organic Spinach Dumpling

#### 蟹柳千丝卷

Deep-fried Crab Stick Roll with  
Shredded Noodles

#### 美味有机菇菌球

Steamed Organic Mushroom  
Dumpling

#### 上汤有机手工面

Homemade Organic Noodles  
in Superior Stock

#### 炸明虾饺

Deep-fried Prawns Dumpling  
in Mayonnaise Sauce

#### 雪蛤甜豆花

Homemade Fine Bean Curd  
with Hasma

#### 酥炸烟肉卷

Deep-fried Bacon Roll

#### 椰汁糕

Coconut Cake

## À LA CARTE 单点

#### 鲍鱼蒸烧卖

Steamed Siew Mai with Abalone (3 pieces)

**\$10**

#### 海鲜有机苋菜饺

Steamed Seafood with Organic Spinach Dumpling  
(3 pieces)

**\$10**

#### 炸明虾饺

Deep-fried Prawns Dumpling in Mayonnaise Sauce  
(3 pieces)

**\$10**

#### 酸辣有机韭菜水饺

Hot & Sour Boiled Minced Meat  
with Organic Chives Dumpling (3 pieces)

**\$10**

#### 上汤有机手工面

Homemade Organic Noodles in Superior Stock

**\$8**

#### 椰汁糕

Coconut Cake

**\$4**